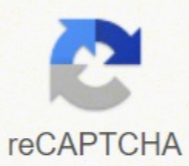




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A little bit of milk. 2 lds of vanilla extract. Machine: Magic Bullet with Large Cup and Cross Blades.Combine. Put the cut bananas into the large Magic Bullet Cup. Put in the ice cubes and add milk until you can barely see the tips of the ice cubes.Blending. Screw the cross blades onto the large cup. Plug in the magic bullet and blend for 30-45 seconds, or until it sounds smooth like all the ice has been crushed.Enjoy! Now remove the cup from the magic bullet and unscrew the cross blades. Screw on a colored ring and enjoy! (You could just pour it into a regular cup if you want.) SMOOTHIES 101 - HOW TO MAKE SMOOTHIES » BLENDER HAPPY The recipes and tips below make up what I like to call Smoothies 101. If you can remember these basics, you can make the perfect smoothie, and then you can branch out and get even more creative. I can't remember ever having a major smoothie disaster - they are really easy to make. 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Blend until smooth. pour into chilled mug or glass. Serve immediately. Enjoy. "This is one of my favorite recipes out of the cookbook that came with my Magic BULYt blender.These healthy recipes for your Magic Bullet are easy to make and prepare. If you're looking for a refreshing smoothie, you should definitely try this Magic Bullet fruit smoothie recipe. Apart from being a delicious treat, there are some notable health benefits you may experience by drinking this smoothie.AMT. PER SERVING % DAILY VALUE Place peeled banana, frozen berries in container. Pour enough orange juice in to cover the fruit. Blend until smooth. pour into chilled mug or glass. Serve immediately. Enjoy. "This is one of my favorite recipes out of the cookbook that came with my Magic Bullet blender.Magic Bullet Fruit Smoothie Recipe. 1 1 medium peach. 2 ½ cup watermelon. 3 ½ cup grapes. 4 ½ cup plain Greek yogurt. 5 ½ cup almond milk. 6 1 teaspoon cinnamon How to Prepare.

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